

FALL 2005

indulge

Ideas and Inspiration for Booklovers

Reading is in

New Fall lineup

The top 100 books as chosen by you

Readers' Choice

Book club trend

Books over dinner



Chapters

Indigo

COLES

chapters.indigo.ca

Selected just for



Tell us
what you think
and **WIN**

We value your opinion
and would love to hear
your feedback about the
latest issue of *indulge*.

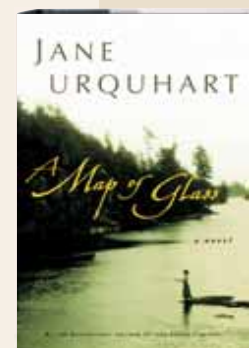
Just e-mail your
comments to
iREWARDSexclusive@indigo.ca
with your name and active
iREWARDS card number.

On November 15th,
20 members will be
randomly selected
to receive a
**\$10 iREWARDS Bonus
Reward Certificate.**

you

A Map of Glass – Jane Urquhart

In this eagerly anticipated new work, bestselling author Jane Urquhart impeccably weaves two strong parallel stories into a magnificent novel about loss and the transitory nature of place. Cynthia Bradley is a rural Ontario doctor's wife whose world changes when she meets Andrew, an historical geographer. After Andrew's death, she connects with Jerome, a young artist, and escapes to Toronto. There she tells Jerome the story of Andrew's forebears, dating back to the flourishing timber and shipbuilding industries of nineteenth-century Lake Ontario. Rich with Urquhart's renowned imagery, history, clarity and artistry, *A Map of Glass* qualifies as reading at its best. *Reg \$34.99 iREWARDS \$31.49*



Ordinary Heroes – Scott Turow

Lawyer-storyteller Scott Turow's absorbing plots, compelling characters and skilful writing have set new standards for law novels. From *Presumed Innocent* to *Reversible Errors*, all six of his bestsellers have been enthusiastically received by readers and reviewers worldwide. In *Ordinary Heroes*, Stewart Dubinsky stumbles on a packet of letters revealing the imprisonment and court-martial of his father, a JAG lawyer in WWII. As he works to discover the truth, he reconstructs a dramatic and baffling chain of events that ultimately lead to a better understanding of his past, his father's character, and the brutality of war itself. *Reg \$37.95 iREWARDS \$34.16* ©

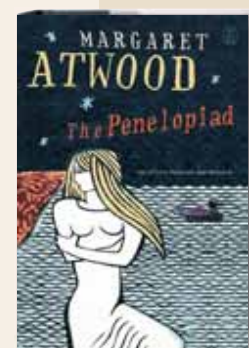


In stores October 27

The Penelopiad: The Myth of Penelope and Odysseus

– Margaret Atwood

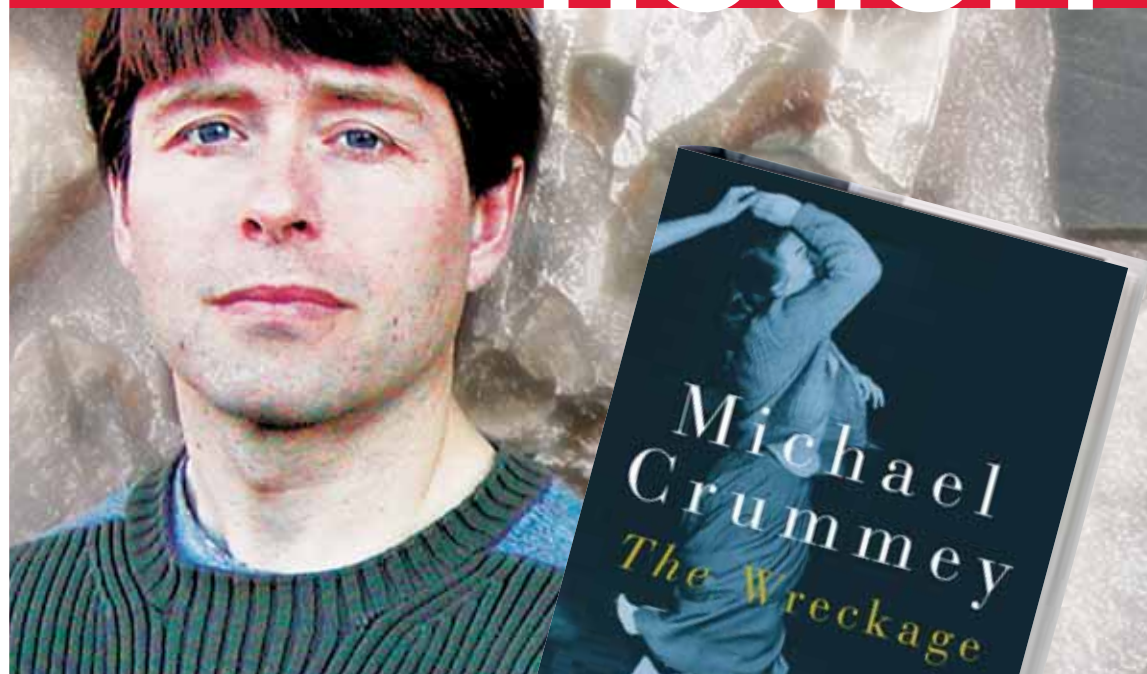
While *The Odyssey* told bits and pieces of the story of Odysseus' wife, we heard very little from her own mouth. Now the inestimable Margaret Atwood rewrites the tale from Penelope's perspective. "Homer's *Odyssey* is not the only version of the story..." she states in the Foreword. "What led to the hanging of the maids, and what was Penelope really up to? The story as told in *The Odyssey* doesn't hold water: there are too many inconsistencies. I've always been haunted by the hanged maids and, in *The Penelopiad*, so is Penelope herself." It's a dazzling read: witty, wise, disturbing and entertaining. *Reg \$25.00 iREWARDS \$22.50*



In stores October 11

© Product is available in audiobook format.

Our new fall fiction

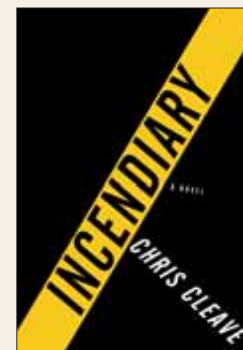


The Wreckage
– Michael Crummey

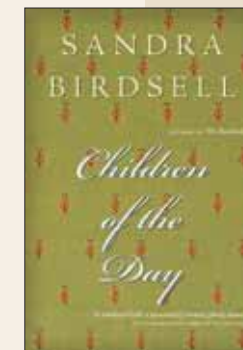
The Wreckage travels through time and across oceans to reveal how the passions and mistakes of the past can live below the surface for decades, then disturb the calm of the present with sudden force and immediacy. The enormously talented Newfoundland writer and poet Michael Crummey, whose bestselling debut novel, *River Thieves*, was nominated for both the Giller Prize and a Commonwealth Best Book Award, has crafted a seductive and troubling new novel of love and war. **Reg. \$34.95 iREWARDS \$31.46**



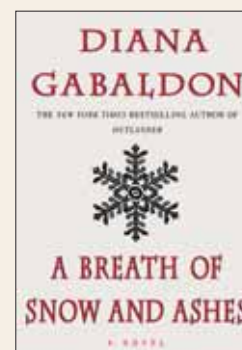
Son of a Witch: A Novel
Gregory Maguire
Return to the land of Oz to meet Lir, the teenage son left behind when Dorothy melted the Witch. **Reg. \$36.95 iREWARDS \$33.26**



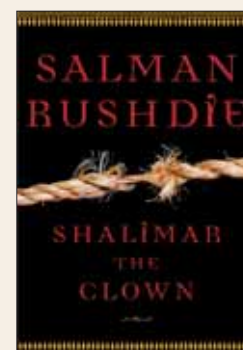
Incendiary
Chris Cleave
A Londoner writes a letter to Osama bin Laden after a suicide bomber kills her family. **Reg. \$29.95 iREWARDS \$26.96**



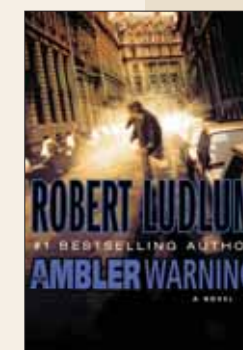
Children of the Day
Sandra Birdsell
An emotionally charged and brilliant novel that unfolds over the course of a single day in June 1953. **Reg. \$35.95 iREWARDS \$32.36**



A Breath of Snow and Ashes
Diana Gabaldon
The eagerly awaited sixth novel in the *Outlander* series unfolds just before the American Revolution. **Reg. \$39.95 iREWARDS \$35.96**



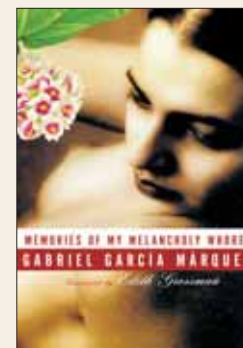
Shalimar the Clown
Salman Rushdie
A gripping international tale of love and revenge from one of the leading literary figures of our time. **Reg. \$24.95 iREWARDS \$22.46**



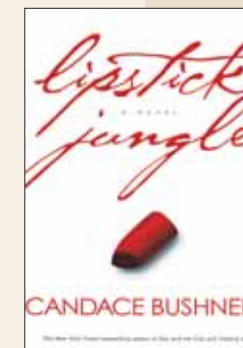
The Ambler Warning
Robert Ludlum
Another posthumously published, page-turning superthriller by the author of *The Bourne Identity*. **Reg. \$34.95 iREWARDS \$31.46**



The Time In Between
David Bergen
This haunting story on love and loss could be the breakout book for Winnipeg's David Bergen. **Reg. \$34.99 iREWARDS \$31.49**



Memories of My Melancholy Whores
Gabriel Garcia Marquez
The Nobel Prize winner's novel about a 90-year-old journalist who falls in love in a brothel. **Reg. \$25.00 iREWARDS \$22.50**

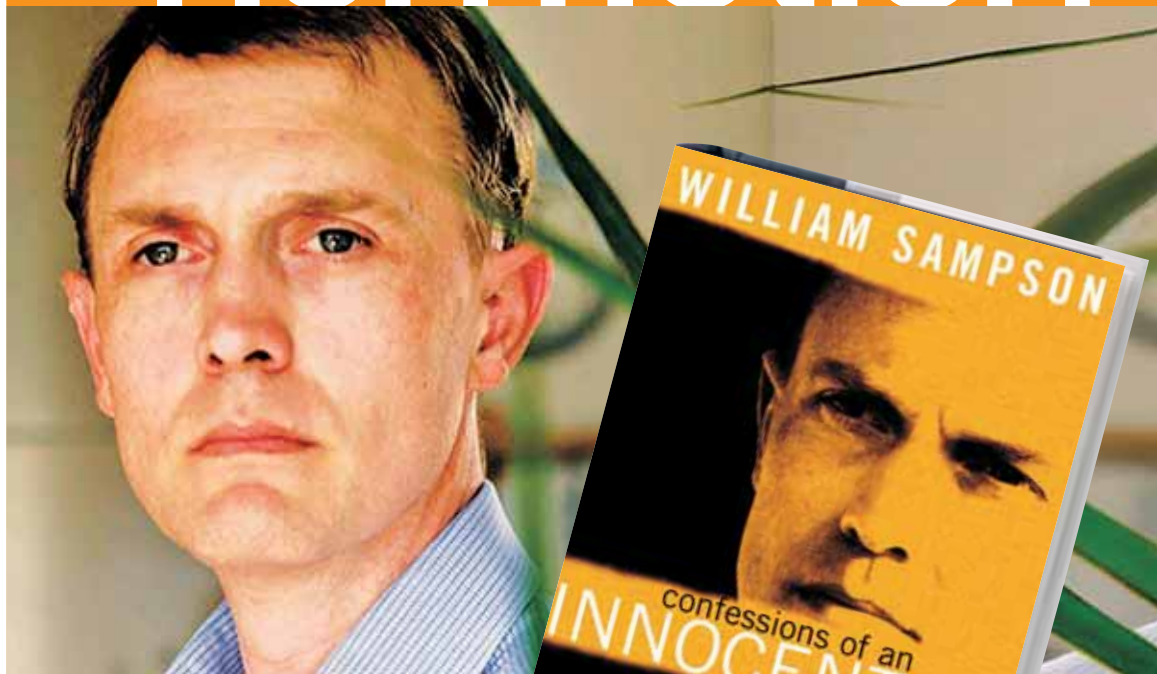


Lipstick Jungle
Candace Bushnell
The author of *Sex and the City* unleashes more fabulous New York women. It's a jungle out there. Dress accordingly. **Reg. \$33.95 iREWARDS \$30.56**

In stores October 25

In stores October 25

Our new fall non-fiction

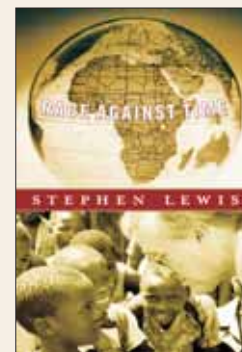


Confessions of an Innocent Man

– William Sampson

When Canadian engineer William Sampson left his house in Riyadh in December 2000, he was abducted, beaten and then held inside one of the city's worst jails. He was tortured into confessing car bombings he didn't commit and sentenced to death in a secret trial. In 2003 he was released in a prisoner exchange arranged by human rights groups but it wasn't until 2005 that Sampson was officially cleared. Angry, intelligent and compelling, Sampson puts his personal story in context with the geopolitics that influenced his fate, delivering a searing exposé of Western foreign policy in the Arab Middle East.

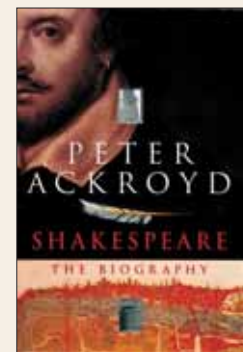
Reg. \$35.00 iREWARDS \$31.50



Race Against Time

Stephen Lewis

Real solutions to help achieve the UN Millennium goals and lay the foundation for a prosperous future.
Reg. \$18.95 iREWARDS \$17.06

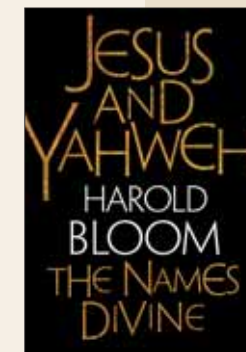


Shakespeare

Peter Ackroyd

An in-depth and vivid look into Shakespeare's life and the background of his work.
Reg. \$45.95 iREWARDS \$41.36

In stores October 25



Jesus and Yahweh

Harold Bloom

A mind-expanding literary critique that's sure to be one of the most discussed books this fall.
Reg. \$35.00 iREWARDS \$31.50

In stores October 11



Two Lives

Vikram Seth

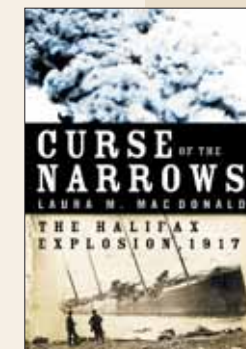
In masterful prose, Seth shares his ancestors' journey through the 20th century.
Reg. \$34.95 iREWARDS \$31.46



Fury's Hour

Warren Kinsella

No-holds-barred political strategist Warren Kinsella explores the soul of punk rock.
Reg. \$27.00 iREWARDS \$24.30

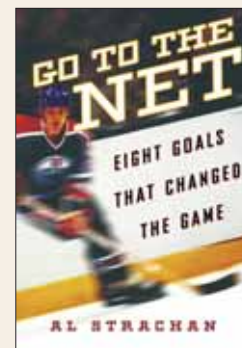


Curse of the Narrows

Laura M. MacDonald

The first major account of the world's largest pre-atomic explosion using primary sources.
Reg. \$36.95 iREWARDS \$33.26

In stores October 15

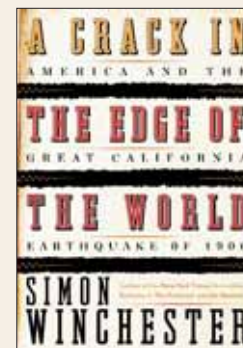


Go to the Net

Al Strachan

Re-live the most incredible moments in hockey history that changed the game forever.
Reg. \$32.95 iREWARDS \$29.66

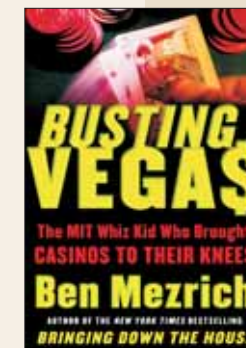
In stores October 11



A Crack in the Edge of the World

Simon Winchester

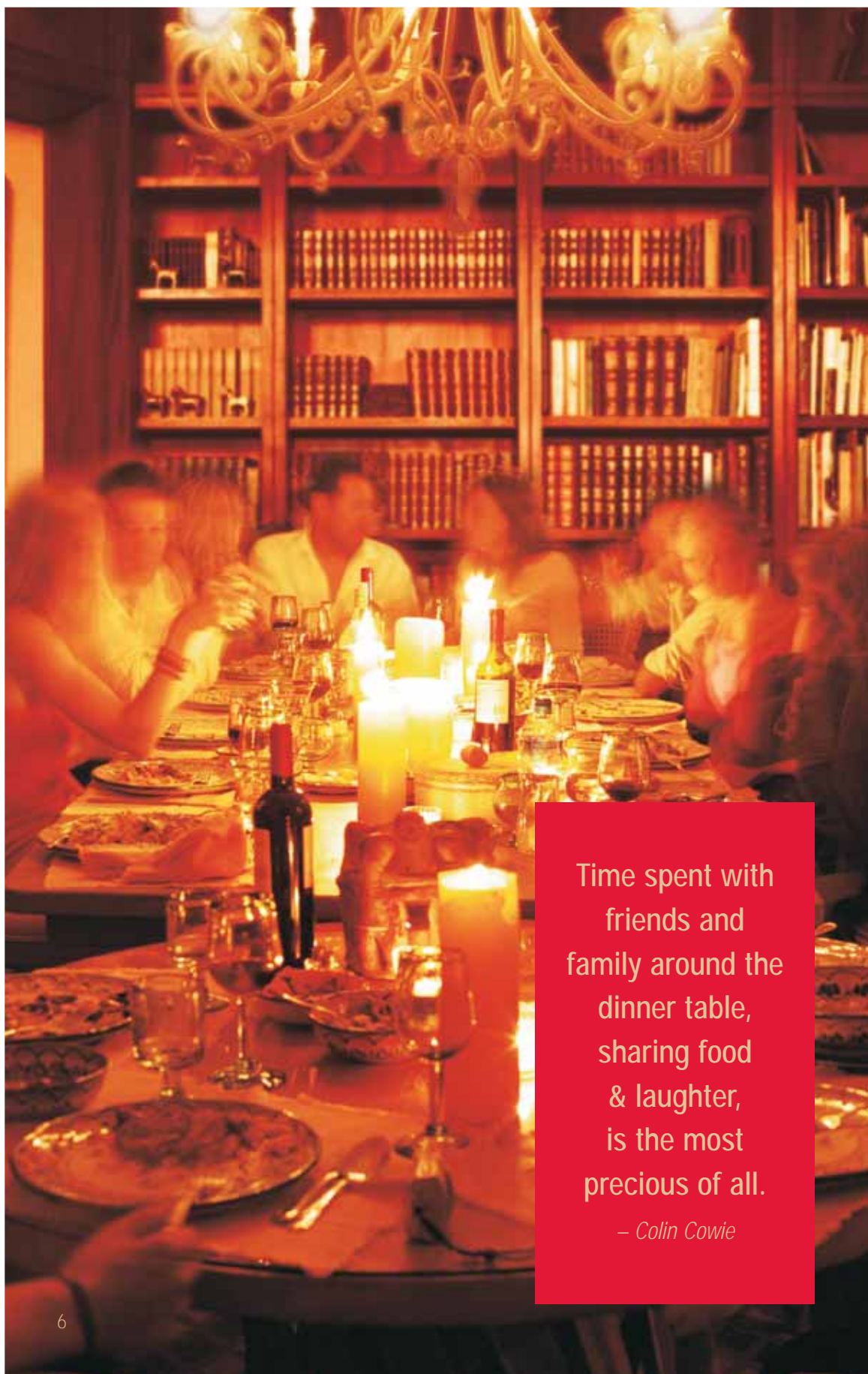
A testament to the power of planet Earth and the efforts of humans to understand her.
Reg. \$36.95 iREWARDS \$33.26



Busting Vegas

Ben Mezrich

Just like a Hollywood movie – how one student used his genius to create a dangerous money-making scheme called "Busting the Dealer."
Reg. \$32.95 iREWARDS \$29.66



Time spent with friends and family around the dinner table, sharing food & laughter, is the most precious of all.

– Colin Cowie

Supper Club

by Lin Stranberg

In big cities around the world, foodies are flooding to what *The New York Times* calls “occasional supper clubs” – hush-hush underground dining venues hidden away in private apartments and lofts. Operating under the radar, often by invitation only, supper clubs have developed a cachet that’s as much about the experience as it is the cuisine. With communal tables and quantities of good food and wine, the dinners provide a sense of occasion and a clubby feeling that sparks a lively flow of conversation.



Clubs & conversation? Booklovers have been doing this for years. From Corner Brook to Vancouver, savvy booklovers have long paired good food and wine with the books their clubs are discussing. Introducing supper club style into a book club gathering is a great way to add to the enjoyment of the occasion. It’s also a wonderful pretext for entertaining at home. All the guests are sure to have something in common – the bestseller that’s on everyone’s night table.

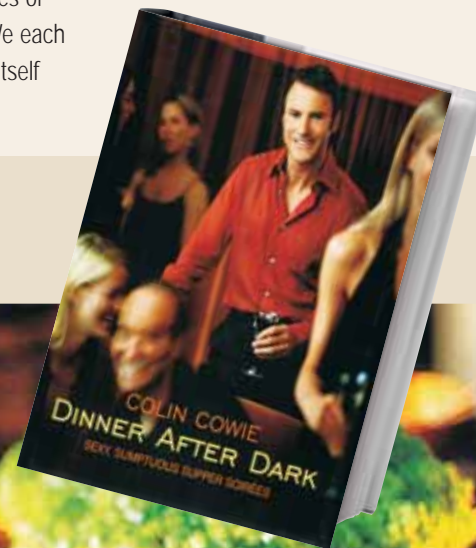
“We had Southern barbeque and bourbon for *Divine Secrets of the Ya-Ya Sisterhood* and chicken teriyaki with sake for *Memoirs of a Geisha*,” said Toronto advertising executive, iREWARDS member and long-time book clubber Sherry Martin. Another iREWARDS member was inspired to create an entirely Indian-themed evening around her club’s discussion of *The God of Small Things*. She sent invitations to her group on postcards she’d saved from a previous trip to Bombay, then covered a few card tables in colourful Indian fabrics, lit some candles and turned her living room into the “Bombay Soiree” from lifestyle guru and party planner Colin Cowie’s *Dinner After Dark*.

Cowie, a celebrated host, insists that "It's not so important where the food comes from or what it is, as long as it's good." So the good news is that great book club suppers don't need to be elaborate or even homemade. You could blithely call in for pasta or pizza for *A Thousand Days in Venice*, for example, or even *The Birth of Venus*. As Cowie points out, what's most important is that everyone has fun. Use your imagination, let wit be your guide, and don't be bound by formalities.

"Each person in my book club has a different style, and the way they express the book theme at their dinners leads to enormously interesting evenings," Martin told us. "One member's table setting included place cards with names of different characters from the book we were reading. We each chose the character that interested us most, which in itself led to a lively discussion."

Dinner After Dark

Much more than a collection of great recipes: it's a recipe for a great party.



Another iREWARDS member said he simply buys everyone a copy of the book he wants his group to read next, and presents it with coffee. "After the dinner-table discussion of our current book, we get to look at another selection at the end of the meal," he said. "That keeps up the energy level and gets the ball rolling for our next dinner."

Community, conversation and creativity – that's the essence of supper club style, right here at home. Enjoy yourself. Happy reading. And bon appétit!

Pick the Right Wine Every Time

Chris Losh explores which wine styles go best with particular foods and special occasions.

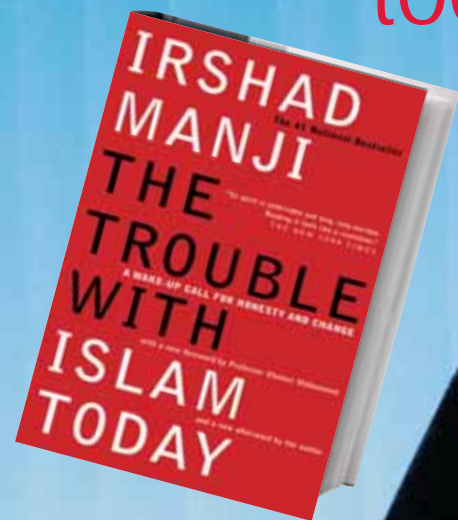


For your next book club	Try serving	Add supper club style
Shadow of the Wind – Carlos Zafon	Spanish tapas, paella or a very traditional Tortilla de Patatas.	Play a selection of Spanish-influenced music like <i>Lgrimas Negras</i> by Bebo & Cigala or <i>The Very Best of the Gipsy Kings</i> .
Falling Angels – Tracy Chevalier	An assortment of tea sandwiches: egg salad, watercress, cucumber. For dessert, scones and clotted cream.	Serve your guests using antique tea cups, linen napkins and your best china.
The Polished Hoe – Austin Clarke Giller Winner Heather's Pick	A curry or roti, jerk chicken or pork, rice and peas, mango or papaya salad.	Create centrepieces with glass bowls or shallow trays filled with seashells. Turn up the Bob Marley.
Balzac and the Little Chinese Seamstress – Dai Sijie	Take-out from your favourite Chinese restaurant.	Adorn your table with Chinese lanterns, paper dragons, or bowls of lichee nuts and fortune cookies. Serve tasty lichee martinis as cocktails.
A Long Way Down – Nick Hornby	Bangers and mash.	Postcards from London could inspire your invitations.

Irshad Manji

today

by Lin Stranberg



Photographed by Alta Awisat, February 2005.

"I live in a part of the world that is under constant renovation. The conclusion is not yet known—nor ever will be. The beauty of living in such a society is that individual contribution matters." — *Irshad Manji*

Irshad Manji radiates passion. She's passionate about Canada, about big ideas (she hosts a TV talk show of the same name), and, most famously, about the liberal reformation of Islam and her role as a "Muslim refusenik." The outspoken Canadian journalist *The New York Times* referred to as "Osama bin Laden's worst nightmare" was engaging, personable and positive during an afternoon we spent together recently, keeping it real as she poured homemade chai tea in her East Toronto living room.

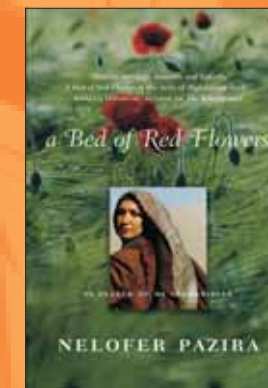
The Trouble With Islam, the book she wrote in 2003, has stirred up more controversy in the Muslim world than any other book since *The Satanic Verses*, although neither criticized the Qu'ran. Earlier this year, a new, revised and updated version of her book was released as *The Trouble With Islam Today*. The new title responds to the most common criticism she received from her fellow Muslims — that the trouble is not with Islam, it's with Muslims.

"Islam wasn't always this insular and this tribal; therefore, perhaps the trouble is not with Islam but with Islam today," she explained. "All the successful reformations of Islam have been conservative ones that have taken Islam further and further back to the seventh century. It's time we had a liberal reformation, not to take over Islam but to effectively compete with much more regressive interpretations."

Her energy level is high and she demonstrates an abundance of good cheer — remarkable in a person so vilified by hard-line Islam that she starts each day by checking her inbox for death threats. She doesn't trivialize the threats or underestimate the danger that goes with writing books like hers, she said, "But the reality is that nothing changes if you succumb to intimidation."

NON-FICTION

For more perspective on the Middle East:



A Bed of Red Flowers
Nelofer Pazira

The star of the film *Kandahar* creates a moving memoir of life, childhood and friendship as her homeland of Afghanistan collapses.



Dancing in the No-Fly Zone: A Woman's Journey Through Iraq
Hadani Ditmars

This unique perspective on Iraq uncovers a side of the country unknown to many westerners.

IN CONVERSATION WITH
IRSHAD MANJI



Today, Irshad is an international voice whose books are available in almost 25 countries. She's constantly on the move, from book tours to conferences to lecture tours at universities and colleges all over the world. She's made Arabic and Urdu translations of her book available for download on her website (muslim-refusenik.com), and she'll post a version soon in Farsi, which she said is now the fourth most common blogging language in the world. Wherever she travels, young Muslim women come out in droves to hear her speak. Her largest following may well be among young Muslim women in the Arab world, she said, despite the fact that her book is forbidden to them. Irshad maintains that many of her harshest critics have never read her book, nor do they ever intend to. "That's the great irony in all of this," she said, "They claim to have an informed, outraged opinion about it but they will not even crack the cover of it."

As a young Muslim girl growing up in British Columbia, Irshad thanked her Allah that she ended up in a part of the world where as an individual, she could dream big dreams and tap her potential. "Even though I wasn't able to articulate it in this way," she said, "I knew that I had won the lottery of life." She made a pact with herself that she would use her precious freedoms as an obligation of responsibility and not just as an exercise of rights. "Because millions upon millions of other girls like me do not yet have those freedoms. And how in the world, having won these freedoms – not earned them, won them, like a lottery – could I turn my back on those freedoms?"

She reveres this verse from the Qu'ran "Believers, conduct yourselves with justice and bear true witness before God, even if it be against yourselves, your parents or your family." (4:135) Irshad herself is a believer who's always on mission, always on purpose. She's a skilled and agile conversationalist who instinctively shepherds any stray thoughts or random tangents back within the range of her unwavering focus.

"I'm not a politician. I'm not here to cater to people's prejudices and acquire some kind of status for future leverage. I am a dissident." – *Irshad Manji*

"To create conversations where none existed before" was the mission for her books, and she feels that's well on its way to being accomplished. Now she's working on a documentary feature film with the National Film Board and the Public Broadcasting System in the U.S. that explores what there is to love about Islam. She explained it as "a very personal take engaging all kinds of unexpected voices."

The subject of her next book, which she'll write next year as a Fellow at Yale University, is still in the formative stages. "I have a number of ideas that I have to figure out how to sew into a comprehensive narrative," she said.

As part of her mission to revive the long-buried Islamic tradition of independent reasoning – the ijtiḥad she calls for in her book – she's officially launched Project ijtiḥad as a U.S. foundation to establish the world's first leadership centre for reform-minded Muslims. "Staying true to this imperative of independent thinking is all about ijtiḥad."

"Activist? I bristle a little when I hear that. My activism isn't for a particular biological, religious or ideological agenda. My activism first and foremost is for independent thinking... there is room for ijtiḥad in all our lives."



FICTION

Journey to the Middle East with these fiction titles:



The Red Tent
Anita Diamant

The Red Tent offers an insider's look at the daily life of a biblical sorority of mothers and wives and their only daughter.



Heather's
Pick

Ten Thousand Lovers
Edeet Ravel

A moving novel about two lovers in Tel Aviv in the 1970s. As their passion grows, so too does the shadow that hangs over them.

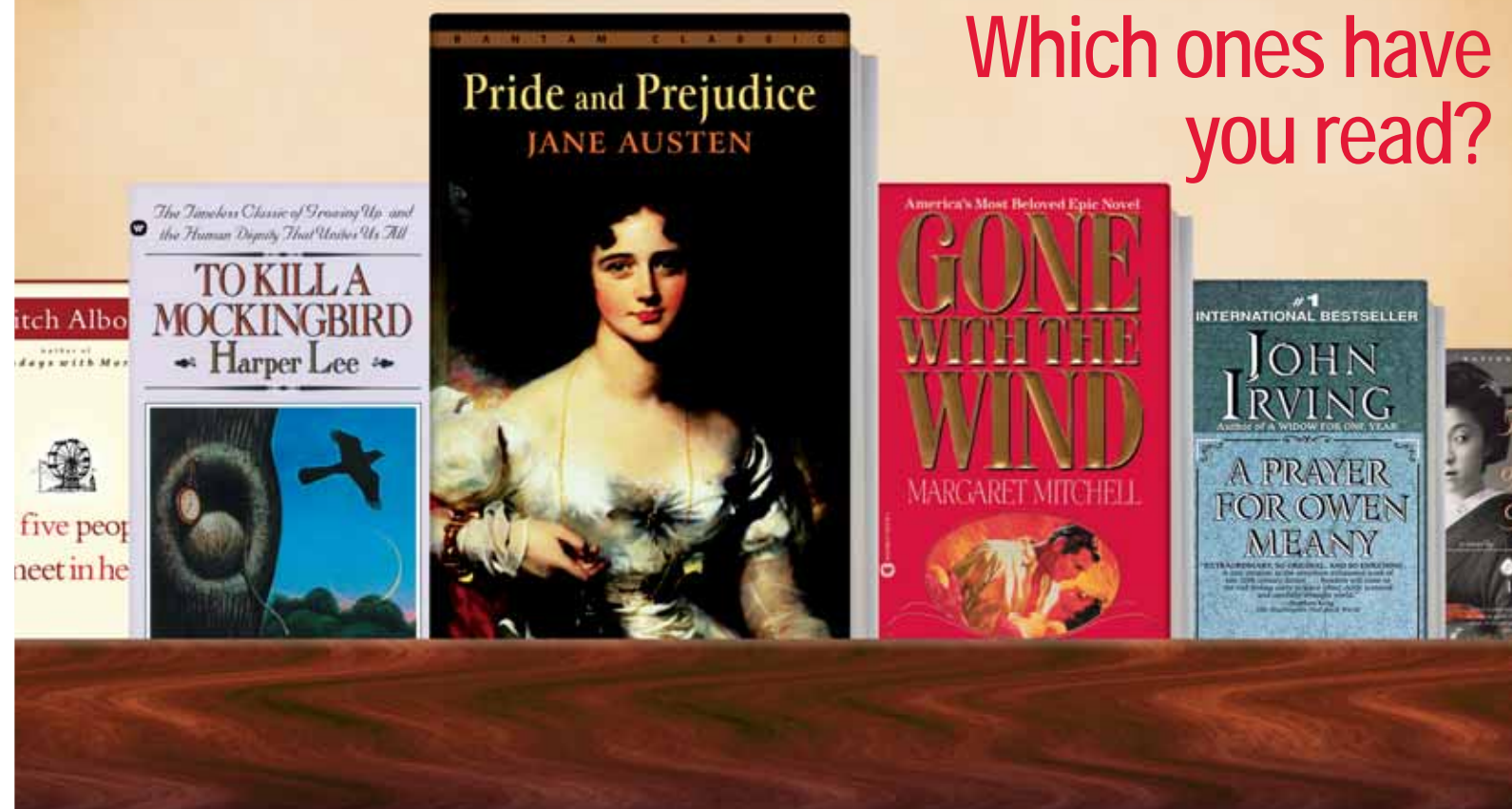
Photographed by Michelle Douglas, July 2005.

iREWARDS Readers' choice

With millions of books to choose from, how do you put together a reading list of the top 100? Easy. You ask Canada's Best Booklovers.

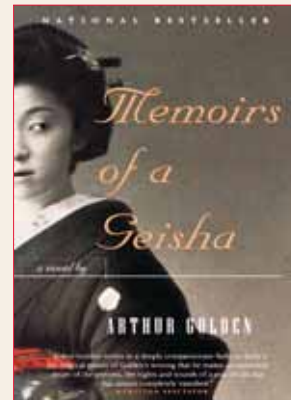
This fall, we surveyed over 100,000 iREWARDS members, and asked them to nominate their favourite books of all time. Now we're pleased to present the top 100.

Which ones have you read?

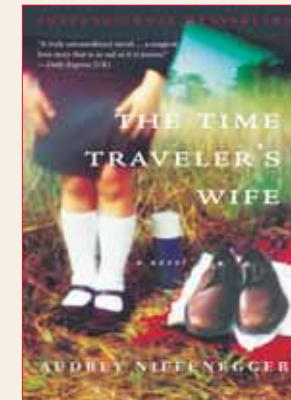
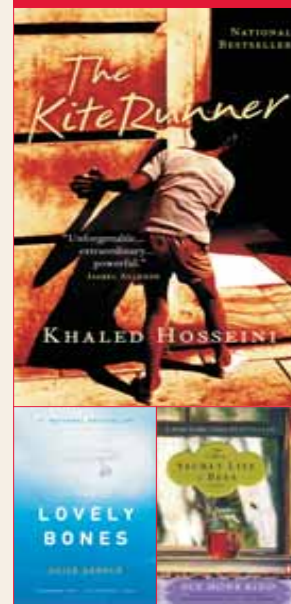


Top 100 Readers' Choice		Read It	Want It
01	<i>The Da Vinci Code</i> Dan Brown		
02	<i>Pride and Prejudice</i> Jane Austen		
03	<i>To Kill A Mockingbird</i> Harper Lee		
04	<i>Gone with the Wind</i> Margaret Mitchell		
05	<i>The Lord of the Rings: The Return of the King</i> – J.R.R. Tolkien		
06	<i>The Lord of the Rings: The Fellowship of the Ring</i> – J.R.R. Tolkien		
07	<i>The Lord of the Rings: The Two Towers</i> – J.R.R. Tolkien		
08	<i>Anne of Green Gables</i> L.M. Montgomery		
09	<i>Outlander</i> Diana Gabaldon		
10	<i>A Fine Balance</i> Rohinton Mistry		
11	<i>Harry Potter and the Goblet of Fire</i> J.K. Rowling		
12	<i>Angels and Demons</i> Dan Brown		
13	<i>Harry Potter and the Order of the Phoenix</i> – J.K. Rowling		
14	<i>A Prayer for Owen Meany</i> John Irving		
15	<i>Memoirs of a Geisha</i> Arthur Golden		
16	<i>Harry Potter and the Philosopher's Stone</i> – J.K. Rowling		
17	<i>Fall on Your Knees</i> Ann-Marie MacDonald		
18	<i>The Stand</i> Stephen King		
19	<i>Harry Potter and the Prisoner of Azkaban</i> – J.K. Rowling		
20	<i>Jane Eyre</i> Charlotte Brontë		

Top 100 Readers'Choice		Read It	Want It
21	The Hobbit J.R.R. Tolkien		
22	The Catcher in the Rye J.D. Salinger		
23	Little Women Louisa May Alcott		
24	The Lovely Bones Alice Sebold		
25	Life of Pi Yann Martel		
26	The Hitchiker's Guide to the Galaxy Douglas Adams		
27	Wuthering Heights Emily Brontë		
28	The Lion, The Witch and the Wardrobe C.S. Lewis		
29	East of Eden John Steinbeck		
30	Tuesdays with Morrie Mitch Albom		
31	Dune Frank Herbert		
32	The Notebook Nicholas Sparks		
33	Atlas Shrugged Ayn Rand		
34	1984 George Orwell		
35	The Mists of Avalon Marion Zimmer Bradley		
36	The Pillars of the Earth Ken Follett		
37	The Power of One Bryce Courtenay		
38	I Know This Much Is True Wally Lamb		
39	The Red Tent Anita Diamant		
40	The Alchemist Paulo Coelho		



Of all the books on the Top 100 list, 64 have been turned into movies. Eleven books on the list are currently in production to become films, including *Memoirs of a Geisha*, *The Lovely Bones*, *The Secret Life of Bees*, and *The Kite Runner*.



★
Plan B, the now defunct production company formerly owned by Brad Pitt and Jennifer Aniston, bought the rights to *The Time Traveler's Wife* before the book was even released to the public. New Line Cinema has plans for a 2006 release.



Top 100 Readers'Choice		Read It	Want It
41	The Clan of the Cave Bear Jean M. Auel		
42	The Kite Runner Khaled Hosseini		
43	Confessions of a Shopaholic Sophie Kinsella		
44	The Five People You Meet in Heaven Mitch Albom		
45	Gift & award Bible NIV Various		
46	Anna Karenina Leo Tolstoy		
47	The Count of Monte Cristo Alexandre Dumas		
48	Angela's Ashes Frank McCourt		
49	The Grapes of Wrath John Steinbeck		
50	She's Come Undone Wally Lamb		
51	The Poisonwood Bible Barbara Kingsolver		
52	A Tale Of Two Cities Charles Dickens		
53	Ender's Game Orson Scott Card		
54	Great Expectations Charles Dickens		
55	The Great Gatsby F. Scott Fitzgerald		
56	The Stone Angel Margaret Laurence		
57	Harry Potter and the Chamber of Secrets – J.K. Rowling		
58	The Thorn Birds Colleen McCullough		
59	The Handmaid's Tale Margaret Atwood		
60	The Time Traveler's Wife Audrey Niffenegger		

Top 100 Readers'Choice		Read It	Want It
61	Crime and Punishment Fyodor Dostoyevsky		
62	The Fountainhead Ayn Rand		
63	War and Peace Leo Tolstoy		
64	Interview with the Vampire Anne Rice		
65	Fifth Business Robertson Davies		
66	One Hundred Years of Solitude Gabriel Garcia Marquez		
67	The Sisterhood of the Traveling Pants – Ann Brashares		
68	Catch-22 Joseph Heller		
69	Les Miserables Victor Hugo		
70	The Little Prince Antoine de Saint-Exupery		
71	Bridget Jones' Diary Helen Fielding		
72	Love in the Time of Cholera Gabriel Garcia Marquez		
73	Shogun James Clavell		
74	The English Patient Michael Ondaatje		
75	The Secret Garden Frances Hodgson Burnett		
76	Summer Tree Guy Gavriel Kay		
77	A Tree Grows in Brooklyn Betty Smith		
78	The World According to Garp John Irving		
79	The Diviners Margaret Laurence		
80	Charlotte's Web E. B. White		



Thirteen authors on the list are Canadian, either having been born in Canada or having lived a better part of their lives here.

The oldest novel on the list is **Pride and Prejudice**, which was published in 1813. The newest novel on the list, **The Five People You Meet in Heaven**, was released on September 23, 2003.

Top 100 Readers'Choice		Read It	Want It
81	Not Wanted on the Voyage Timothy Findley		
82	Of Mice and Men John Steinbeck		
83	Rebecca Daphne Du Maurier		
84	Wizard's First Rule Terry Goodkind		
85	Emma Jane Austen		
86	Watership Down Richard Adams		
87	Brave New World Aldous Huxley		
88	The Stone Diaries Carol Shields		
89	Blindness Jose Saramago		
90	Kane and Abel Jeffrey Archer		
91	In the Skin of a Lion Michael Ondaatje		
92	Lord of The Flies William Golding		
93	The Good Earth Pearl S. Buck		
94	The Secret Life of Bees Sue Monk Kidd		
95	The Bourne Identity Robert Ludlum		
96	The Outsiders S. E. Hinton		
97	White Oleander Janet Fitch		
98	A Woman of Substance Barbara Taylor Bradford		
99	The Celestine Prophecy James Redfield		
100	Ulysses James Joyce		

Best books for Indieokids

One of the greatest gifts you can give to children – yours or anyone else’s – is to help them develop a passion for reading.

We asked our children’s book buyer, Val King, for a selection of the best books, both old and new, to spark the joy of reading among kids of different ages. These are the titles she recommended...



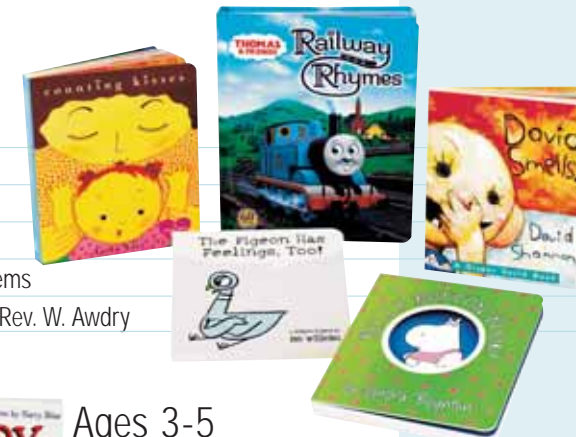
The more that you read, the more things you will know.
The more that you learn, the more places you’ll go.

– Dr. Seuss

Great selections to add to your collection.

Ages 0-2

- Counting Kisses* – Karen Katz
- Belly Button Book* – Sandra Boynton
- David Smells!* – David Shannon
- The Pigeon Has Feelings, Too!* – Mo Willems
- Thomas & Friends Railway Rhymes* – Rev. W. Awdry



Ages 3-5

- Carl’s Sleepy Afternoon* – Alexandra Day
- Diary of a Spider* – Doreen Cronin
- Leonardo the Terrible Monster* – Mo Willems
- The Complete Adventures of Curious George* – Margaret and H.A. Rey
- The 20th Century Children’s Book Treasury* – Janet Schulman



Ages 6-8

- Hi! Fly Guy* – Tedd Arnold
- Mercy Watson to the Rescue* – Kate DiCamillo
- Adventures of Captain Underpants* – Dav Pilkey
- Fairy Realm: The Water Sprites* – Emily Rodda
- The Lion, the Witch and the Wardrobe* – C. S. Lewis



Ages 9-12

- Operation Red Jericho* – Joshua Mowll
- Nicholas* – Rene Goscinny
- Capt. Hook* – J.V. Hart
- The Castle of Mirrors* – Jenny Nimmo
- Wolf Brother* – Michelle Paver



Build your DVD library

Our **Readers' Choice List** comes to life on the silver screen.

This list of DVDs is a compilation of the best books-turned-movies ever made. In its own way, each captures the essence of the novel that inspires it, lifting the characters off the pages and onto the screen.

**Is the book always better than the movie?
We encourage you to watch these DVDs
and decide for yourself.**



Gone With The Wind
Released in 1939
Director: Victor Fleming

Based on the novel by Margaret Mitchell, this is the biggest box-office hit of all time.

Vivien Leigh was selected over Joan Crawford, Bette Davis, Katharine Hepburn, and 1,400 other actresses to play Scarlett O'Hara.

The American Film Institute recently honoured Clark Gable's line, "Frankly my dear, I don't give a damn," as the most famous movie quote ever.



Doctor Zhivago
Released in 1965
Director: David Lean

This film is based on Boris Pasternak's Nobel Prize winning novel and is often credited as a masterpiece comparable to *Gone With The Wind*.

David Lean makes the Russian snow as alluring as the desert sand in his epic *Lawrence of Arabia*.

Lean insisted on using Maurice Jarre to provide the score. Jarre's haunting theme won the Oscar for Best Musical Score.



To Kill a Mockingbird
Released in 1962
Director: Robert Mulligan

This drama is based on Harper Lee's Pulitzer Prize winning auto-biographical novel.

In his Oscar acceptance speech as Best Actor for playing attorney Atticus Finch, Gregory Peck thanked Harper Lee.

It was a brilliant screen debut for Robert Duvall, who stayed out of the sun for weeks to look the part of cellar-dweller Boo Radley.



The Color Purple
Released in 1985
Director: Stephen Spielberg

Alice Walker's Pulitzer Prize winning novel is told through the main character's letters, several of which are written to God.

This film adaptation is perhaps the most underrated film of Stephen Spielberg's career. It received 11 Oscar nominations (excluding Best Director) yet won none.

This was the feature film debut for both Whoopi Goldberg and Oprah Winfrey. Both actresses were nominated for Academy Awards.



Grapes of Wrath
Released in 1940
Director: John Ford

John Steinbeck reportedly loved this movie version of his Pulitzer Prize winning novel.

Released in the same year Steinbeck won the Pulitzer, the film was as vivid as the book in illustrating the social impacts of the Great Depression.

Producer Darryl F. Zanuck paid \$100,000 for the book's movie rights. It represented a huge amount of money at the time and a significant portion of the film's total budget.



Jane Eyre
Released in 1983
Director: Julian Amyes

This 11-episode BBC miniseries is generally the highest-rated of all screen adaptations of Charlotte Brontë's powerful novel.

It's the longest and most complete version of the 1847 classic ever produced for the screen.

Timothy Dalton, a few years before his short run as James Bond, portrays the imperious Mr. Rochester.

Zelah Clarke, who plays the title role, trained as a ballet dancer before she became an actress.



Pride and Prejudice
Released in 1980
Director: Cyril Coke

This 5-part BBC miniseries version is widely recognized as being the most true to Jane Austen's 1813 classic and to 18th century English aristocratic life.

The novel has been adapted as many as 9 times for TV and the big screen, including Bollywood's *Bride and Prejudice*, and an upcoming Hollywood release starring Keira Knightley, Donald Sutherland and Judi Dench.



A Room With A View
Released in 1985
Director: James Ivory

Based on E. M. Forster's 1908 novel, this splendid romantic comedy was nominated for 8 Academy Awards and won 3.

It was the first major screen breakthrough for actress Helena Bonham Carter.

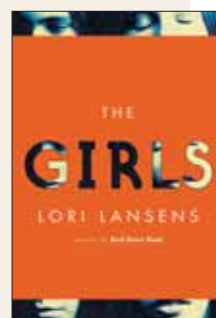
Daniel Day-Lewis was highly acclaimed for his portrayal of Cecil Vyse, a character virtually opposite the one he played in *My Beautiful Laundrette*.

The two films were released in theatres on the same day.

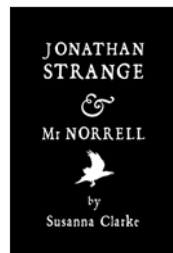
If you liked these...



The Curious Incident of the Dog in the Night-Time
Mark Haddon



The Girls
Lori Lansens



Jonathan Strange & Mr. Norrell
Susanna Clarke



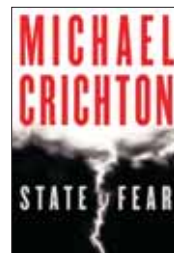
Wicket's Remedy
Myla Goldberg



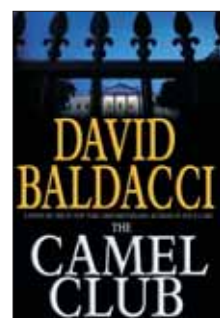
The Lovely Bones
Alice Sebold



Incendiary
Chris Cleave



State of Fear
Michael Crichton



The Camel Club
David Baldacci

you'll love
these.

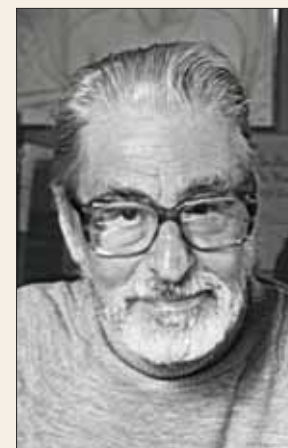
The people behind the pages



Russell Smith, author of *Muriella Pent*, was once a model in a "fetish fashion show." He reported on his experiences for CBC radio.



An old friend had to teach **Sophie Kinsella** how to bake bread while she was researching the homemaking side of life for *The Undomestic Goddess*. "I bought the fabbest, kitchy aprons ... (and) learned, to my astonishment, that being a domestic goddess can be fun!"



During his lifetime, **Dr Seuss** (aka Theodor Geisel) would not sell his paintings out of fear of critics' rejection.

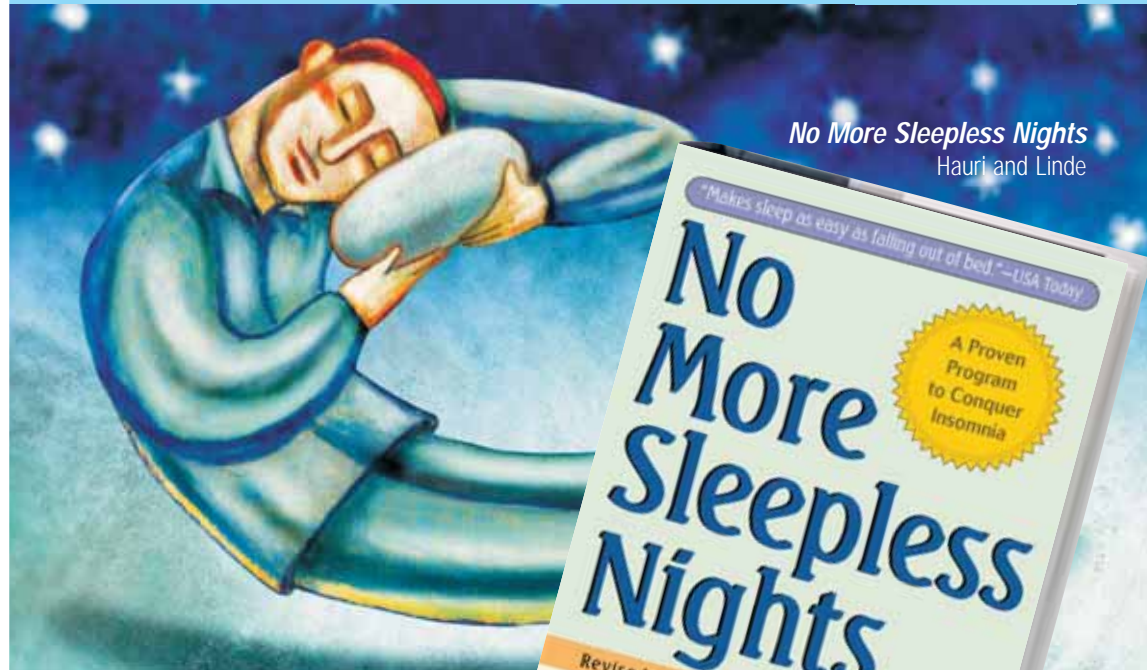


William Leith, the author of *The Hungry Years*, was the last journalist to interview Dr. Atkins before he died.



Kathy Reichs, author of *Fatal Voyage* and *Cross Bones*, is also a forensic anthropologist. She has testified at the UN Tribunal on Genocide and has done forensic work at Ground Zero in New York.

Indigo Trusted Advisor HEALTH



No More Sleepless Nights
Hauri and Linde

In search of Sleep

Sleep Expert and Indigo Trusted Advisor
Dr. Brian J. Murray shares his views on
the importance of sleep.

26

In our busy society, sleep has been sacrificed. And not without consequences. Ongoing research continues to demonstrate that lack of sleep or poor quality sleep has critical health ramifications. While many people take sleep for granted, it's in fact a basic necessity of life, as important to our health and well-being as air, food and water.

Some not-so-well-known health benefits of sleep:

- Want to lose weight? Get some sleep. Numerous studies suggest that sleep loss may increase hunger and affect the body's metabolism, which may make it more difficult to maintain or lose weight.
- A good night's sleep triggers changes in the brain that help to improve memory.

How much sleep is enough?

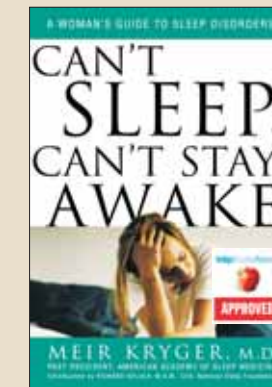
Although sleep experts generally recommend that adults get an average of 7–9 hours per night, some people can get along with less. Others need more to feel alert the next day. Newborns sleep 18 hours a day, with about half of that time in REM (rapid eye movement or “dreaming” sleep). Most adolescents need 9–10 hours of sleep but generally get far less. The elderly need as much sleep as other adults, but often get less sleep due to various sleep disorders.

Top 5 tips for getting a good sleep

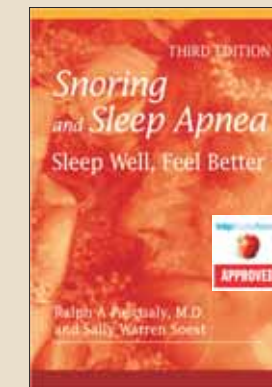
1. Keep regular sleep and wake times so that your body's “clock” learns when to sleep.
2. Avoid large meals, caffeine (coffee, tea, soft drinks, chocolate), alcohol and nicotine (cigarettes, tobacco products) prior to bedtime.
3. Exercise regularly, but complete your workout several hours before bedtime.
4. Create a sleep-conducive environment that is dark, quiet and preferably cool but comfortable.
5. Establish a regular relaxing (not alerting) bedtime routine and keep stress out of the bedroom.

Practicing Bibliotherapy

Educating yourself with reliable sources is an important way to improve your health.



*Can't Sleep,
Can't Stay Awake*
Kryger



*Snoring and
Sleep Apnea:
Sleep Well, Feel Better*
Pascualy and Soest

Dr. Brian J. Murray

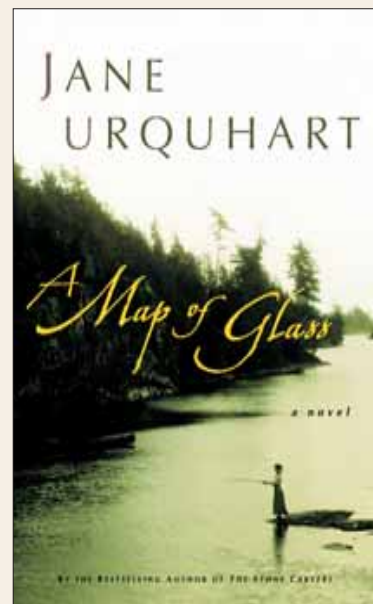
(MD, FRCP(C), ABSM) is a neurologist and sleep medicine specialist in the Division of Neurology at Sunnybrook and Women's College Health Sciences Centre with a cross-appointment as a scientist at the Toronto Rehabilitation Institute.

27

Sneak peek

In a small town thirty miles down the lakeshore, a woman woke early. There was no sound coming from the street below. Darkness was still pressed against her bedroom windows.

Her husband was sleeping and did not stir as she slid from the bed, crossed the room, and walked down the hall to the bathroom where she had laid out her clothes the night before: the dark wool suit and grey silk shirt, the string of small pearls, the black tights, white underwear, and conventional cream-coloured slip, the sombre costume that she believed would ensure that no one would look at her, or look at her for very long. She took no special precautions as she washed and dressed, running the taps and opening the drawers as she would have on any other morning. Malcolm



had been out on a night call and had not returned until 3 a.m. He would be sleeping deeply and would not waken for at least two more hours. By then she would be on the train, part of the journey completed.

She stood for some time in front of the open medicine cabinet in the bathroom, gazing at the plastic containers that held her various pills. Then she closed the door and stared at her own face in the mirror. Her fair hair, some of it grey now, was pulled back, and her face, she was relieved to see, was composed, her grey eyes were clear. She could not say whether it was an attractive face that looked back at her. Someone had once told her she was lovely and not, in some ways, that long ago, but she knew that her features, her expression had altered since.

An excerpt from *A Map of Glass*, one of our editor's choice selections for you from page 1.

The previous morning, after Malcolm had left for the clinic, she had filled an old suitcase with stockings, one blue skirt and cardigan, underwear, a few cosmetics, two well-used green leather notebooks, a plastic bag containing squares of felt, scraps of fabric and wool, one antique album, and a worn hardcover book. Then she had lifted the bag from the bed where she had packed it and had placed it in the unused cupboard of the spare room. The interior of the case was pink and had elasticized compartments under the satin-lined lid where, at one time or another, some long-dead woman must have kept hairbrushes and clothes brushes, and perhaps a bottle filled with liquid detergent for washing silk stockings. That woman may very well have been her own mother, but she couldn't be certain

because as far as she knew her mother had never been a traveller. The people who lived in this rural County stayed home. Year after year, generation after generation. The geography of the County discouraged travel; trains no longer visited any of the pleasant towns of the peninsula where she had lived her entire life. She would have to drive for almost an hour to reach Belleville, the larger mainland town where she would catch the train that would take her to the city. The word city had hissed in her mind all week long, first as an idea, then as a possibility, and, finally, now as a certain destination.

He would be sleeping deeply and would not waken for at least two more hours. By then she would be on the train, part of the journey completed.



Exclusive to iREWARDS Members



chapters.indigo.ca

Selection of products may vary by store while supplies last. iREWARDS is a trademark of Indigo Books & Music Inc.
100 Alfred Kuhne Blvd., Brampton, Ontario, Canada L6T 4K4

indigo_cor_no_bms